

## OCULAR PROSTHESIS INSRUCTIONS

ALWAYS WASH HANDS before you touch your prosthesis.

- To Insert:      Lift upper eyelid  
                    Look down  
                    Insert the top of the prosthesis under upper eyelid  
                    Push up and back  
                    Release upper lid  
                    Pull lower eyelid down  
                    Push prosthesis in
- To Remove:    Push suction tip onto center of prosthesis (it will stick better if it is wet)  
                    Pull lower eyelid down  
                    Rock prosthesis up in socket  
                    Pull the bottom edge of the prosthesis out first  
                    Then remove the prosthesis from the socket
- After  
Removal:      Wash prosthesis with your hands only.  
                    Use Ocusoft Hand soap  
                    or Johnsons Baby shampoo.  
                    Rinse well, with water.

If you experience dryness, you may use drops: Artificial Tears-"Natural Tears", "Hypotears", "Tears Again" or other eye wetting drops, Ointments like Lacri Lube or Refresh P.M. may also be beneficial against dryness(found in Drug Dept. on Eye Care shelf).

If it is necessary to leave the prosthesis out of the socket for any length of time always store it in water or Sterile Saline, THIS IS NOT RECOMMENDED AND CAN CAUSE DAMAGE TO THE SOCKET. (Patients with a globe present behind the prosthesis are not at risk of damage from leaving the prosthesis out).

**WARNING:** KEEP THE PROSTHESIS OUT OF YOUR MOUTH AND MOUTHS OF CHILDREN.  
DO NOT PLACE THE PROSTHESIS IN ALCOHOL (Alcohol will destroy the plastic).

### TO REMOVE PROTEIN BUILD-UP FROM PROSTHESIS:

- Wash prosthesis with Johnson's Baby Shampoo and warm to hot water
- Rub all surfaces of the prosthesis with fingers.
- Rinse well with water
- If this does not remove deposits, soak in hot water for 10 min. and wash again.
- Severe deposits and scratches require polishing by the Ocularist.

IF THERE SHOULD BE A GREENISH YELLOW DISCHARGE, PLEASE CONTACT YOUR OPHTHALMOLOGIST.

YOU SHOULD HAVE YOUR PROSTHESIS POLISHED TWICE A YEAR BY AN OCUALRIST TO PREVENT INFECTIONS AND PROMOTE COMFORT AND HEALTH OF THE SOCKET. THIS IS VERY IMPORTANT!

Austin Ocular Prosthetic Center, LLC  
4409 Medical Parkway  
Austin, TX 78756  
(512) 452-3100 \* Fax: (512) 452-3200